AIRE VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2021

SUPPURT >LOCAL \(\) BUSINESS

DISTRIBUTED FREE TO OVER 8,000 HOMES IN SILSDEN, STEETON, EASTBURN, SUTTON, CROSSHILLS, GLUSBURN www.airevalleymag.co.uk

WHAT'S ON in '21

Ball & Boe: Back Together Sat 11 Sep | 7:30pm | £10 On the big screen, filmed live at the O2 Arena

David Live! Sat 25 Sep | 7:45pm | £20 UK's most sought-after David Bowie Tribute

Cinema: Stardust Fri 01 Oct | 7pm | £6 David before Bowie, the creation of Ziggy Stardust

Falling Stars Theatre: Recall Sat 02 Oct | 8pm | £10/£8 Flashback to the 80s in this immersive theatre experience

The Greatest Movies Show Spectacular Sat 16 Oct | 7:30pm | £16/£15 All the glitz and glamour of Hollywood, live on stage!

Cinema: Dream Horse Fri 05 Nov | 7pm | £6 Inspirational true story of racehorse Dream Alliance

The Ragdolls Sat 13 Nov | 7:30pm | £16 UK's Not Frankie Valli & The Four Seasons Tribute

Australian Ballet: Sleeping Beauty Sat 27 Nov | 7:30pm | £10 On the big screen, filmed live in Melbourne

The Soul Train Experience Sat 04 Dec | 7:30pm | £13 Climb aboard for Soul and Motown classics

Cinema: Polar Express Fri 10 Dec | 5pm | £7.50/£6/£24 Classic Christmas family film with Santa's Grotto



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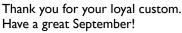
 • COVID secure



Whether it is joining a choir, attending an event, booking a class, getting back to church, or rocking up to the local table tennis club, we notice things are opening up and people are gathering again. You will notice for example, our Community Pages are once again included in the magazine and a full line up of events at the Glusburn Institute. Double check that these events are going ahead as things can still change after publication date. Most importantly, enjoy getting out.

The Aire Valley Mag is pleased to be a champion of local businesses and services in the community. We have been creating a network of care and trust since 2006.

Each page spotlights up to eight local businesses and across our editions we often represent in the region of two hundred every month.



Liz Barker, Editor









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LOVE WHERE YOU LIVE

In 2018, local estate agent Michael and his wife Helen opened Leightons Estate Agency with the goal of offering the best customer experience for those moving home.

Three years later and they are the most highly recommend Cross Hills estate agent on Google and are recent industry award winners as well!

One of the keys to their success is the fact that they are just like the very people they help move into and around the area. Both Michael and Helen and member of staff Joanne, live in Cross Hills. Michael and Helen's children go to the local schools, they all like to shop at the same local places, go to the pub and eat out in the local restaurants and enjoy the beautiful South Craven countryside. Together the three of them have helped over 1000 people enjoy the same.

Here's why the team at Leightons love where they live

Micha



I love that we have an Ofsted "Outstanding" school on our doorstep. South Craven and excellent local primary schools are a huge draw for families to live in the area and the fact that my eldest is only a 2-minute walk away from South Craven school is great. We'll continue to support them each year with our "Contribution to Schools" initiative.

There are great parks all within walking distance; perfect for energetic boys like ours and we have a fab selection of shops on our high street. I always make a point of supporting local businesses where I can and I also love the fact we have some amazing restaurants and pubs on our doorstep too. Not too far to walk home after Sunday lunch with the family or a catch up with the girls.



Sutton In Craven, Cross Hills and the surrounding villages are the best areas to live as you do not need to travel far for the beautiful scenery and lovely walks in the countryside. Everything is on your doorstep and you can take a short drive by car and be in Skipton and the Yorkshire Dales in minutes.

OVER 250 PROPERTIES SOLD SINCE OPENING £4,000 DONATED TO LOCAL SCHOOLS

PEOPLE THAT LOVE WHERE THEY LIVE

Financial Wellbeing – Do you have it?

Money on its own may not make us happy, but to do a lot of the things we want to do in life and live the life we want to live both now and, in the future, means we need money to do so.

Every individual has a different version of financial wellbeing and what it means to them. Some need more money than others, so it is not about how much money you have compared to others but how much you need to live a satisfied and fulfilled life doing the things you and your families enjoy.

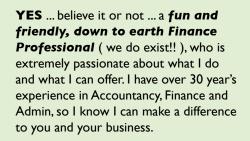
As financial planners we help you identify your current and future goals and what you need to do to get you there. We help you understand how to plan and how to have control over your finances that leads to your ideal future self.

Life does not always go to plan however, so we also help you to protect against the unexpected such as illness or a death, and how this would affect you and your loved ones. And of course, the impact of such an event on your future goals.

Financial planning is not just about saving tax and investing money to make as much as possible, it is about so much more. Ensuring our clients can enjoy their own financial wellbeing is one

of our key priorities!

Diane Broadhead APFS Chartered Financial Planner 07772 387758 diane@haworthsfs.co.uk



I'm Andrina Bealey-Kay. I set up my business - Ask Andrina in May of 2010 after 20 years in Corporate Finance and Accountancy. I have a wealth of experience in accountancy and bookkeeping, as well as cashflowforecasting, budgeting, credit control and payroll.

I am a Xero Certified Advisor and I'm also Sage 50 Certified. Not only do I use these accountancy packages, but in addition, I offer smaller clients a manual spreadsheet system too.

Haworths

The services I provide bring's your business's needs up to date, so you can concentrate on the core areas you need to, in order to grow; resulting in sales, more profit, better cashflow and more time to work on your business; as it should be.



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Ingredients

2 Tbsp olive, melted coconut, or avocado oil2 small sweet potatoes (halved)2 big handfuls kale (larger stems removed)1/4 tsp each salt + pepper

I (15-ounce) can chickpeas (drained, rinsed

- + patted dry)
- I tsp cumin
- 3/4 tsp chili powder
- 3/4 tsp garlic powder
- 1/4 tsp each salt + pepper
- 1/2 tsp tsp oregano (optional)
- 1/2 tsp tsp oregano (optional)

TAHINI SAUCE (OPTIONAL)

I/4 cup tahiniI Tbsp maple syrupI/2 medium lemon (juiced)2-4 Tbsp hot water (to thin)

Instructions

chic

Preheat oven to 400 degrees F (204 C) and arrange sweet potatoes on a bare baking sheet. Drizzle with a bit of oil, making sure the flesh of the sweet potatoes are well coated and placed skin side down on the sheet.Bake for 25 minutes, then remove from oven flip sweet potatoes and add kale. Drizzle kale with a touch more oil and season with a pinch each salt and pepper. Bake for another 15 minutes or until the sweetpotato and kale looks done. While vegetables are roasting, heat a large skillet over medium heat and add chickpeas to a mixing bowl and toss with seasonings. Once skillet is hot, add I Tbsp oil and the seasoned chickpeas and saute, stirring frequently. Once the chickpeas are browned remove from heat and set aside. Prepare sauce by adding tahini, maple syrup and lemon juice to a mixing bowl and whisking to combine. Add hot water until a pourable sauce is formed. Serve all together as displayed in photo. (Serves two)

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Sudoku

9					3		1	
			8			4		
1	7			6		9		
		2			6			
	6		1		2		7	
			5			2		
		7		2			3	5
		5			9			
	8		3					6

		3		6				2
1						4		
				5	8	6		7
7	5							9
			7		3			
3							6	4
6		8	2	4				
		4						6
2				8		1		

Where in the Aire Valley?

Where is the $red \times located$ in the photo to the right? This month's prize is donated by **Keighley Picture House:** Family ticket Email your answer including your name & address to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by 20th September 2021

Vivien Wallwork

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Last month's location was the Old Parcel Office, Keighley. The winner is Jeff Hoslett from Crosshills.



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	(North Street)
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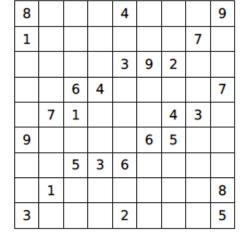
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	2		1					8	
			7			4			
				4		2			
	6	8	3					7	
	1			5			4		
4					1	5	8		
		7		1					
		9			7				
2					8		5		



To solve a sudoku puzzle, each row of nine squares must contain the numbers I through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.



Outlet Eagle Mill, Dalton Lane Keighley, BD214HT

> andrea@officefurnitureoutlet.co.uk www.officefurnitureoutlet.co.uk



Photos of Sir Peter Hendy, chairman of Network Rail (Centre) meeting KWVR civil engineering leads, Joe Curtis and James Barlow.

This month we have been celebrating the efforts that go on largely unnoticed by our passengers. Keeping a 150+ year old railway operational requires a huge maintenance effort, looking after all the bridges, embankments, and cuttings. In addition, restoring and running a fleet of historic steam locomotives and carriages is a constant challenge, and we have been concerned for many years about the need to pass on the necessary skills and expertise to a new generation of engineers to help ensure that we can continue operating the line for decades to come. We hosted a visit by the Chairman of Network Rail, Sir Peter Hendy, who was awarding certificates to our latest cohort of apprentices who have been working with us in conjunction with the 'Boiler and Engineering Skills Training Trust" (BESTT). The Trust has been supported by the National Heritage Lottery Fund, and their regional deputy chair, Sir Ron Cooke, also joined in the celebrations of the success of the scheme. The work of BESTT will help secure the future of heritage railways by providing training on boiler repair and the maintenance and mechanical overhaul of steam engines. It is vital work and we are vey pleased to be one of the founding partners and supporters of their work.

During the visit, we were able to take our guests on a tour of the bridge that we replaced last year, which involved using a steam crane to help manoeuvre the bridge beams into place and was our largest civil maintenance project we have ever undertaken. Aside from the delays caused by the lockdowns, the project was both completed on time and within budget, which is testimony to the months and months of planning and careful project management of the work, led by some of our younger volunteers who are taking on more leadership roles in the organisation. As well as everything going on behind the scenes, we continue to provide a daily service until the beginning of September, when we revert to weekend operation, but we have a packed programme of events and special services, including cream teas, the return of the dinosaurs (25-29 October), the Beer & Music Festival (14017 October) and of course Santa joins us on the Elf Express specials – please visit the website for all the details and booking information. We look forward to welcoming you on board soon, and please do take a minute to spare a thought for all that behindthe-scenes activity that keeps the wheels turning. ~ Matt Stroh, KWVR





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Acupuncture & Stress

I think it's safe to assume that we have all been affected by Covid in one way or another this past 18 months. We have experienced a phenomenon that has challenged the way we live on such a deep and fundamental level.

There is no doubt the pandemic has created stress in everybody's lives; having coped with lockdowns and isolations, losing your job, being furloughed, working from home? Home schooling? How may it have affected not only our physical health with being unable to see your GP, but also our relationships?

We can identify different causes of stress which are primarily related to a situation or event and how a person deals or responds to that situation. The signs of stress can therefore differ from one person to the next and may manifest in the form of conditions such as IBS, anxiety, migraines, insomnia, depression, back pain, or fatigue. Those suffering from stress symptoms use several coping mechanisms with many people finding traditional acupuncture effective in not only helping relieve symptoms but to also identify and treat the root cause of stress. Stress, or any intense emotion, acts like a





W: amandacrawshaw.co.uk/home-keighley/ T: 07927 042200 E: info@amandacrawshaw.co.uk Acupuncture & Complementary Healthcare Clinic 10-12 Russell Street, Keighley, BD 21 2JP

traffic jam, blocking the free flow of energy (Qi) in the body - when under a lot of stress, the body releases stress hormones which can have an adverse effect and can cause muscles to tighten which reduces blood flow and provision of nutrients and oxygen to the tissues*.

Through traditional acupuncture, these energy blockages can be addressed. Acupuncture aims to treat each person individually and I recognise that everyone will have a unique experience of their problem. I apply several different diagnostic processes to gain a picture of the health of your body such as feeling pulses and looking at your tongue to help identify imbalance in Qi, the body's motivating energy. Any imbalances are addressed by inserting

ultra fine needles into specific points in the body to restore the balance of Qi.With regards to stress an acupuncturist will aim to identify what imbalances are causing the symptoms of stress, rather than treating the condition in isolation.

So, if you feel stress now, please do get in touch to see how I can help you. Taking time out and having someone listen can make all the difference.

https://amandacrawshaw.co.uk/homekeighley/

To advertise call Karen or Liz on 01535 642227

15



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Worth Valley Mag: Group 1 delivered to Oakworth, Oldfield, Stanbury, Haworth, Lees, Cross Roads, Oxenhope, Leeming, Hainworth

Aire Valley Mag: Group 2 delivered to Silsden, Steeton, Eastburn, Sutton, Crosshills,Glusburn

Aire Valley Mag: Group 3 delivered to Riddlesden, East Morton, Long Lee, Fell Lane, Exley Head, Keighley Centre, Utley, Laycock

NORTH VALLEY MAG

All publications are A5 size, published monthly with 20,000 going to households and businesses in the area.

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Upstairs at Pennybank, our fabulous meeting and events space in beautiful Haworth is up and running again! Since lockdown restrictions ended, we have hosted Jane from Upwood Healing's two-day Reiki course, Charlotte from Baby

Calm's Baby massage classes, a Team Building Day for a corporate client and Jill from Moorland Meditation will be running Menopause Yoga classes in our beautiful space in September and October.

Upstairs at Pennybank is a venue with a difference. Overlooking the iconic Haworth Main Street and looking out towards Haworth Moor, it has

a view that inspires relaxation, mindfulness, innovation and creativity.

Whether you need a space to work privately, meet with clients or a local community group, run wellbeing workshops or your next

> Corporate Strategy or Team Building event, Upstairs at Pennybank is the place to be. Our diverse and multi-talented team can assist with anything from venue bookings, event curation,

workshop facilitation and event promotion. Contact us today at upstairsatpennybank@ gmail.com or call Tracey on 07742 983 608 to find out more.

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Michael and the team at Leightons Estate Agency are proud to announce that they are the local gold winners of the prestigious British Property Awards 2021. This means they have been measured and judged independently alongside other local estate agents and came out TOP.

The British Property Awards mystery shop all estate agents against a strict 25 point criteria, using various methods and scenarios, they attribute the award to the one that goes that extra mile and provides outstanding levels of customer service.

"We have been open almost 3 years and to receive this award is an amazing achievement for us" says Michael Leighton, owner of the Estate Agency. "We have always been and will remain 100% committed to offering the very best experience for both homeowners and buyers alike. What makes this award so special is the timing. We have had to change pretty much every aspect of the business to accommodate the ever-changing demands due to COVID-19, but our level of service has remained. For this to be recognised this year, in light of everything; we couldn't be happier".

"As a local independent business, we rely heavily on recommendations and word of mouth and in the short space of time we have been open it's a great feeling to know that your hard work pays off."





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Andrea: Oakworth Wednesdays Holden Hall, 5.00pm & 6.30pm. Haworth Thursdays Baptist Church West Lane 5.00pm & 6.30pm. Keighley Saturdays Church of the Nazarene Oakworth Rd 8am. Barbara: Riddlesden United Reform Church Wednesdays at 6pm or Thursdays at 9.00am

Ann: Silsden Tuesdays Town Hall 9am & 6pm St James Church Hall

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Sudoku Solutions



Tues 31st Aug 11am - 3pm Summer of Fun Play in the Parks Devonshire Park Keighley. FREE fun activities for children and young people. Bouncy Castles, inflatables, giant games, sport coaching, Climbing Tower and lots more.

Sun 5th Sept & 3rd Oct 10am -**4pm Keighley Bus Museum Trust Open Day** at Riverside Depot, Keighley Fri 10th to Sun 12th Sept KWVR **Mixed Traffic Weekend Steam &** Diesel Trains more info www.kwyr. co.uk

Sat 25th Sept Haworth One Day **1940s Haworth Village** Sat 25th Sept 10am - 4pm Haworth Craft Fair Old School **Rooms**. Haworth Sat 25th Sept - Mum2Mum Market and nearly new sale Victoria Hall, Hard Ings Road, Keighley, BD21 3JN - Doors Open 13:15 - 15:15 30 stalls selling excellent condition baby and children's

goods at bargain prices. Well-known brands at a fraction of high street prices. Weds 15th Sept 10 am to noon **Keighley Healthy Living Weight**

Loss Club runs weekly for 6 weeks. For more info call Becca 01535 677177. Aug until 31st Oct Bolton Abbey Welly Walk visit website for more information and to book. Fri, Sat & Sun 24th - 26th Sept

Open Air Theatre at Bolton

Abbey visit website for full details.

Fri 1st Oct - Sun 3rd Oct Quilt & Flower Festival at Silsden

Methodist Church Tickets available from Twiggs Newsagents, Silsden or direct from the Church. Further info www. silsdenmethodistchurch.org Evey Monday 10 anm to 12 noon.

Wellbeing Café at Glusburn Institute. Contact 01535 630223 for more details.

Every Tuesday 1:30 - 3:30 pm from 21 Sept Games Club at Glusburn Institute. £2.50 per session. A social group playing table tennis, board games and cards. Contact Derek 07834 713735.

Every Tuesday 4 to 6 pm (termtime) from 14 Sept Art Star Art & Craft at Glusburn Institute. Group for young people aged 10 - 17. £30 per 6-week block. Book online gicac.org.uk/ courses. Contact 01535 630 223. Every Wednesday 10:30 to 11:30 am Gentle Seated Exercise to Music at Glusburn Institute. £4 per session. Contact lanet 07787 180202. **Every Wednesday 12 noon** from 22 Sept Luncheon Club at **Glusburn Institute.** £5 for a hot 2-course meal. Contact Pauline 07436 113748.

Every Thursday 6:30 - 8:30 pm from 9 Sept Glusburn Youth Club at Glusburn Institute. Age 11 - 18. 50p per session. rachel@nyy.org.uk.

PLEASE EMAIL MAIL@WORTHVALLEYMG.CO.UK WITH YOUR COMMUNITY EVENTS FOR OCTOBER AND BEYOND.

Quilt and Flower Festival at Silsden Methodist Church

Come and see the beautiful quilts and flower arrangements matching the guilts.



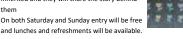
Friday evening 1st October at 7pm Talk by local quilter Jenni Smith on her book "Quilting with Liberty Fabrics" and some of the guilts from the book will be featured in the display.

Tickets available from Twiggs Newsagents in

Silsden or direct from Church (contacts below) £5 each to include light refreshments (there will be a raffle in aid of Sue Ryder Manorlands Hospice

Saturday 2nd October the Church will be open from 10am to 4pm and Sunday 3rd October from 12.30pm to 4pm, to view the displays. Try your hand at machine quilting and find out a bit more about this fascinating craft.

There will be quilts people have made or Inherited and they will share the story behind them On both Saturday and Sunday entry will be free



Any donations would be appreciated with all the proceeds going to Silsden Church funds and there will be a tombola on Saturday in aid of Sue Ryder Manorlands Hospice.

Further info- www.silsdenmethodistchurch.org williameileenjowitt@yahoo.co.uk , 01535 657256 or 01535 930109)

Keighley Healthy Living has lots going on to keep you healthy and happy this Autumn!

6 week courses:

Cooking Club - learn new skills in the kitchen from our auglified nutritionist and chef whilst meeting new people and having fun! (this course has a charge of £3 per session - If you think you may struggle with this please have a discreet word with the course leader)

Slimming Club - Our nutritionist will give you all the tips and information you need to lose weight - for the long term! Set your target and get support from the group as you start your weight loss journey. Once the 6 weeks are over there will be continued drop in sessions where you can get weighed, share your food diary and talk to our nutritionist.



We are looking for committed hardy individuals (no matter the weather!) willing to make monthly deliveries in the Aire Valley. We do our best to find a round close to your home.

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BEHIND THE SCENES AT THE MUSEUM

Principal Curator Ann Dinsdale tells us about The Honresfield Library

There have been several articles in the media recently about the Honresfield Library, an extensive collection of books, manuscripts and drawings by many of the great names in literature including the Brontës, Walter Scott, Robert Burns and Jane Austen. This collection was created by Sir William Law (1836-1901), who lived at Honresfield, a spacious house at Littleborough, near Rochdale.

At the heart of the library is a collection of manuscripts by the Brontës. Honresfield is only twenty miles from Haworth, and

William made frequent visits, purchasing artefacts from Tabitha Ratcliffe, sister of Martha Brown, and devoting time and money to securing additions to his collection. When the first Brontë museum

opened in 1895, William Law donated an oil painting by Branwell Brontë, and further items were offered as loans to the fledgling Brontë Society. He lived a retiring life amongst his treasures, which at his death, passed briefly to his brother Alfred (1838-1913), before I. Law, who also inherited Honresfield, Like his uncles. Alfred never married, and for more than eighty years since his death, the location of the Law collection has remained shrouded in mystery.

Over the years I've worked at the Parsonage, I have frequently been asked which missing Brontë treasures I would most like to see returned to Haworth, and my response has always been, 'the Law Collection'. When Sotheby's announced that they had been instructed to sell the entire collection over three auctions, it seemed almost certain that a library which has remained intact for a hundred years, would be broken up and

dispersed into private collections around the world. In the months since the announcement there have been exciting developments. The Brontë Society has joined forces to save the collection for the nation, becoming part of a consortium spear-headed by the Friends of the National Libraries. A few weeks ago, I was able to view all of the Brontë material from the collection, spread out on a table at Sotheby's. It was an overwhelming and unforgettable experience. Placed before us was a collection of letters and early manuscripts by Charlotte, including the

missing little book, which completes the second series of The Young Men's Magazine, and her Visits in Verrreopolis, contained in two tiny volumes with covers made from an Epsom Salts wrapper, stamped

'J.West, Chemist and Druggist, Keighley'. There were poetry manuscripts by Emily and Anne, along with diary papers by both sisters, written on Emily's birthday in 1841. One of the most moving items for me was the family's two-volume edition of Bewick's History of becoming the property of their nephew, Alfred British Birds, annotated throughout by Patrick, and containing doodles and markings by his children. These were the volumes from which the Brontë siblings made pencil copies of the woodcut illustrations and which Charlotte referenced in Jane Eyre. There was Emily's copy of Poems, first editions of the novels, inscribed by Patrick to Martha Brown, and letters by Branwell.

> We have been given a reprieve to fundraise and place this world-class library in public ownership. There is a long way to go, but we are committed to doing all we can to ensure the collection remains intact and will be accessible to future generations. We will let you know how we get on. \sim Ann Dinsdale

September at the Brontë Parsonage Museum

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fY

Brontë Parsonage MUSEUM

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